



Carer Support Service

Northern Sydney Sector

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www.nscchealth.nsw.gov.au/carersupport/aboutus

NORTHERN SYDNEY
CENTRAL COAST
NSW  HEALTH



Carer Action Plan 2007

- Whole of Govt approach to Carers
 - Including Health, DADHC, Housing, Transport
- **5 key outcomes**
 1. Carers are recognised, respected and valued
 2. Carers are partners in Care
 3. Hidden Carers are identified
 4. Services for Carers are improved
 5. Carers will be supported to combine caring and work

Carer Support Service

NSCCHHealth



1. Carer Support officer is in each of our public hospitals.
2. Provide Education, information and guidance to Carers
3. Providing education and information to staff regarding Carers issues
4. Work with our Health system to improve access and responsiveness of AHS.
5. Point of contact for Carers to navigate the complex care systems



Hidden Carers

- Young Carer Program – under 25yo
- Older Parent Carers – over 65yo
- CALD – Culturally diverse carers

We are a point of contact for 'difficult cases' that fall through the gaps



Resources available

- some examples in your folders

- Advance Care Planning
- Communicating with Hospital staff
 - Communication and Care form
- Medication Bags
 - Red book
- Website has a range of information and the **Event Diary** lists local activities happening in the region.