

Commonwealth Respite and Carelink Centres

Provides free information on a range of aged care services in your area to enable you to choose the most appropriate option for the carer's needs. Can assist in coordinating access to respite, including emergency respite.

Contact 1800 052 222

Aged Care Assessment Team (ACAT)

A multidisciplinary team that provides a comprehensive assessment of a person's care needs and provides information for suitable care options for Commonwealth funded programs. These include permanent & or residential respite care and community support programs such as CACPs and EACH.

Levels of Care Approval

Low level -Hostel accommodation/residential respite/CACP

High level - Nursing home /residential respite EACH/EACHD

CACP - Community Aged Care Package

- Eligible for low level care approval
- Tailored packages of care from one provider
- Case management ,Personal care, home help, meals & social support

EACH - Extended Aged Care Package

- Eligible for high level care approval
- Case management, personal care, home help, meals & social support
- RN care, allied health services

EACHD-Extended Aged Care Package Dementia

- As per EACH
- Must experience behaviours and physiological symptoms associated with dementia such as resistance and aggression
- Staff are specially trained in dementia care

Before people can access residential or community aged care packages an Aged Care Client Record (ACCR) must be completed by the team.

**Contact: Aged Care Assessment Team
ACAT Northern Beaches 9998 0356**

AGED CARE SERVICES *NOT* REQUIRING AN ACAT ASSESSMENT

Referrals can be made directly to the individual providers.

DEMENTIA SERVICES

DEMENTIA ADVISORY SERVICE (DAS)

- DAS provides information, education, and advice about dementia to a range of clients including people with dementia and to local service providers
- DAS can also provide information about, and link patients into a range of dementia specific services
- There is no cost for this service and anyone can make a referral.

CONTACT: 9979 -7677

ALZHEIMER'S AUSTRALIA NSW

Support groups for carers
Education for carers and people with dementia
Free counselling
The Safely Home program

CONTACT
Sydney Office **9805 -0100**
National Dementia Helpline **1800 100 500**
Chinese Dementia Helpline **1800 300 386**

DEMENTIA BEHAVIOUR MANAGEMENT ADVISORY SERVICE

A 24 hours a day telephone assistance line providing advice for service providers, family and carers of people with dementia and challenging behaviours.

CONTACT 1800 699 799

BEHAVIOURAL ASSESSMENT AND INTERVENTION SERVICE (BASIS) CLINICIAN

Provides expert advice to current MHSOP consumers with severe behavioural and psychiatric symptoms (BPSD) associated with dementia within the Northern Sydney Central Coast area. Must have a referral from GP

CONTACT : Northern Beaches BASIS 9938 5350

DEMENTIA MONITORING PROGRAMME

Provides regular contact for people with memory loss who live alone in the community, to monitor their well being in order to maintain their independence. The monitoring is provided in a flexible way in order to meet people's individual needs.

CONTACT: Community Care Northern Beaches 9979 7677

RESPITE CARE DEMENTIA SPECIFIC

Contact: Northern Beaches Respite Intake 9979 7677
Commonwealth Respite / Carelink **1800 052 222**

YOUNGER ONSET DEMENTIA (UNDER 65YRS)

Contact: Anglicare 9905 5227

AGED CARE SERVICES

Frail Aged and Dementia

NORTHERN BEACHES COMMUNITY ADVISOR NORTHERN BEACHES ABORIGINAL ADVISOR

Provides an initial entry point into service system and information about the range and availability of services.

CONTACT: 9979 7677

IN HOME RESPITE CARE

Northern Beaches Respite Intake **9979 7677**
Wesley Mission **9936 7988**
Commonwealth Respite/ Carelink- **1800 052 222**

OVERNIGHT RESPITE

Hammond Care- Woonona Cottage **9488 2288**
CONTACT
Catholic Community Services -Chantal **1800 225 474**
CONTACT 1800 225 474

NORTHERN SYDNEY HOME NURSING SERVICES

General nursing care, high need dementia
(Monitoring- Management)

CONTACT: Mona Vale **9998 0555**
Manly **9976 9888**

COMMUNITY OPTIONS PROGRAMME (COP)

- Provides a comprehensive assessment and case management service to assist people with complex care needs to remain living independently in the community.
- Anyone can make a referral.

CONTACT Community Care Northern Beaches: **9979 7677**

DOMESTIC SUPPORT & PERSONAL CARE

- Hygiene assistance
- High level assistance including meal preparation shopping etc.
- Cleaning

CONTACT Commonwealth Care-link Centre who will direct to service providers who have vacancies
1800-052-222

DAY CENTRES - dementia and frail aged

Angilcare (Chesalon) Frenchs Forest **9452 6343**
Angilcare (Chesalon) North Manly **9905 5227**
Angilcare (Chesalon) Mona Vale **9796 8329**
Jacaranda Pittwater Uniting Church Warriewood
9973 4299
9976 9559

Parkhill Cottage- Manly

Day Centres-CALD

Angilcare Italian **9452 6343**
Armenian Community Welfare **9419 6394**
Co AS It Italian: **9564 0744**
Greek welfare: **9516 2188**

COMMUNITY TRANSPORT-

Groups and Appointments

CONTACT
MWP Community Transport **9971 5110**

SOCIAL SUPPORT- shopping, individual/group outings

MWP Community Aid/Social Support **9913 3244**

HOME MAINTENANCE/MODIFICATIONS

MWP Community Aid

CONTACT- **9913 3244**

FOOD SERVICES

Meals on Wheels/ Community Restaurants

CONTACT

Manly Meal On Wheels- **8966- 9925**
Northern Beaches Food Services- **9970 -8399**
Community Dietician- **9998-0755**

Community Allied Health

Occupational Therapy Speech Therapy

Mona Vale **9998 0734** Mona Vale-**9998 0375**
Manly **9976 9622** Manly **9976 9622**

Physiotherapist

Mona Vale-**9998 0582**
Manly- **9976 9622**

Social Worker

Mona Vale **9998 0356**
Manly **9976 9622**

Dietician **99980356**

Mental Health

MENTAL HEALTH SERVICES FOR OLDER PEOPLE (MHSOP)

Multidisciplinary team providing a range of community based mental health services to older people

CONTACT- Brookvale - **9998 5350**

Department of Veteran's Affairs

DVA Gold Card holders and some White Card holders can access services through the Department of Veteran's Affairs. These include transport, home care and respite.

Contact **13 32 54**

Brochure prepared by

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Acting Nurse Manager, Northern Sydney Home Nursing Service

Northern Sydney Dementia Advisory Services

NORTHERN SYDNEY
CENTRAL COAST
NSW HEALTH



Aged Care/Dementia Services

**Manly Warringah
Pittwater
Government Areas**

WHO THEY ARE

AND

HOW TO FIND THEM



home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM
PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED